



Family Learning Trips Spring / Summer 2010

I have organised a series of trips this year for families in my cluster. All trips will leave from Coppins Bridge car park, Newport at 7.20am, unless otherwise stated. We will be using Wight Rollers coach company again and they have agreed to give us the same prices as last year. This means that each seat will be £17 each which is as cheap as it can possibly be. No children under the age of 4 please and children must be able to use a booster seat. Please see the trip dates as follows:

Saturday 20th February
British Museum, London

Saturday 3rd April - Science,
Natural History and Victoria and
Albert Museums, London

Sunday 30th May
National Gallery, London

Sunday 29th August - Nottinghill Childrens Carnival

Please Contact us or fill in a booking form and return to school asap.
If you have any queries or wish to book in advance - please contact Mel Green on 539436



FEEL GOOD DAYS

We have 2 days of booked through Isle of Wight Community and Family learning to make you feel good! Each day involves learning about yoga and relaxation in the morning and then homeopathy in the afternoon. The first day was on

Saturday 30th January, Brighstone Primary School 10-4pm - Feel Good Day.

Learn to distress with a variety of techniques including gentle yoga stretches, breath work, meditation and relaxation and then discover how homeopathy can improve your health and wellbeing.

Saturday 20th and 27th March, Shalfleet Primary School

Stretch and Relax 10am - 11.30am for 2 weeks.

Homeopathy for Health 12.30 - 4.30pm for 2 weeks

The first date has gone but it was soo..... relaxing!

Please Ring Sharon Kennovin to book your place or for more information on 817289

Please note that these are advertised wrongly in the West Wight adult and community learning brochure they should say Brighstone School and Shalfleet School **NOT** West Wight Youth and Community Centre.



GIRLS' FOOTBALL
Come on girls – give it a go!

Wentworth Sports Centre (Indoor):
Time: 10.00am-11.00am
Starting: 14 January
Age range: 8 to 11 years
Cost: £1 per week

Wentworth Sports Centre (Outdoor):
Time: 10.00am-11.00am
Starting: 14 January
Age range: 8 to 11 years
Cost: £1 per week

Wentworth Sports Centre (Indoor):
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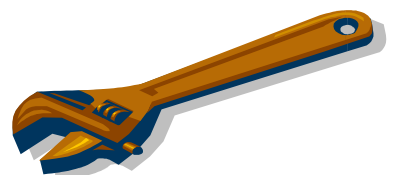
Please register before attending by contacting the sports unit on (01983) 823818 or email sports.unit@iow.gov.uk

SPORT ENGLAND

ISLE of WIGHT COUNCIL

Get On Your Bike!

We are lucky to have secured the services of Gavin Sullivan from Wight Cycle who is an experienced Bike Mechanic.. Through a simple introduction and short course/session, Gavin is going to show how to make sure your bike is road safe and how to do simple track-side repairs. Look out for information about these sessions in your



Parent Support

Dear Parents/Carers - From time to time we all feel like we need a little bit of 'Parent Power!'. As a parent practitioner myself, I have run many groups over the years and have seen first hand how taking part in a group can really make a difference. Sometimes parents have accessed courses because they have had specific issues that they wanted help in resolving and some just wanted to gain some extra tips and knowledge. By spending time with other parents it can really show just how much we all have in common - and the fact that this job can change on a daily basis!! Listed on this page are some of the services available and ways in which you can access parent support - from a variety of agencies and groups. For further help and support in signposting you in the right direction then please contact Kay (your Extended Services Officer) at the Families First Office on 539436.

Please feel free to get in touch.- your calls are always welcome!!

Time out for dads

Working with Families First Dads and Grandparents worker John Burton, we are seeking interest from any dads who would like some parenting sessions that are specifically tailored towards DADS! If this is something you would like to take part in then please contact the office on 539436 and leave your name - sessions will be held in the Evenings.

Parenting courses - The nurturing Programme 10 week course

John Burton from families first is now taking names from anyone who would wish to take part in this free parenting course, to learn more skills and tricks to deal with family life. Please contact John on 539436 for more information, an informal chat and to book your place ..see you there!!

Mumsnet - This popular website was running the above course online by delivering each chapter through regularly sent emails to those signed up. Though this is no substitute for a group with other parents it is another way that you can pick up tips and reflect on any issues you may be having. Check out the website for other opportunities like this.....



Parentchannel.tv is a new online service designed to support parents and carers of children aged 5-19, with a collection of videos addressing day to day concerns spanning wellbeing, behaviour and learning.

(I found this new website to be very informative and easy to use for tips and advice and as a different way of gaining information)

IOW Council Parenting and Family Support Team- Drop in sessions

WEST AND CENTRAL NEWPORT

- Nine Acres Primary School-
9.30am -12.30pm - (1st Monday of Month)
- Newport C of E Primary School-
9.30am- 12.30pm – (2nd Monday of Month)
- West Wight Youth Centre-
9.30am-12.30pm – (3rd Monday of Month)
- Kitbridge Middle School Community Room,
9.30am-12.30pm (4th Monday of Month)
- Downside Cluster , Venue To Be Arranged
1.30pm - 4.00pm. (1st Wednesday of month)
- Cowes Medical Centre-
1.30pm-4.00pm (2nd Wednesday of Month)
- Summerfields Primary School,
1.30pm- 4.30pm (3rd Wednesday of Month)

You may either Drop-In or make an appointment by contacting Margaret Cassell Parenting Practitioner on 07800587538

SOUTH WIGHT

Broadlea Primary School:

Monday, 1st March 2010

Monday, 29th March 2010

Time: 9:00 am – 12 noon

1st Monday of the month

Gatten & Lake Primary School

Monday, 23rd February 2010

Monday, 15th March 2010

Time: 9:00 am – 12 noon

3rd Monday of the Month

Brading Primary School

Monday, 8th February 2010

Monday, 8th March 2010

Time: 9:00 am – 12 Noon

2nd Monday of the month

Sandown Primary School

Monday, 22nd February 2010

Monday, 22nd March 2010

Time: 1:00 pm – 3:00 pm

4th Monday of the Month

THERE IS OPEN ACCESS TO ALL VENUES SO PLEASE TURN UP IF YOU WISH TO SEE A PRACTITIONER

Adult and Community Learning courses Spring / Summer 2010

By now you should have all received your blue coloured Community and Family Learning Spring/Summer Brochures for 2010. The following are starting in Feb/March:

MOSAICS FOR IMPROVERS

Venue: Nine Acres Primary School

Start Date: Tuesday 23 February

Sessions: 6 sessions Time: 6.30pm - 8.30pm

WILLOW BIRD HOUSES

Venue: Nine Acres Primary School

Start Date: Saturday 27 February

Sessions: 1 session Time: 10am - 3pm

WATERCOLOUR ADVANCED

Venue: Nine Acres Primary School

Start Date: Tuesday 23 February

Sessions: 6 sessions Time: 10am - 12pm

BATIK FOR SUMMER

Venue: Nine Acres Primary School

Start Date: Wednesday 24th February

Sessions: 6 sessions Time: 10.30am - 12.30pm

NEWSLETTERS & POSTERS

Venue: Nine acres Primary School

Start Date: Wednesday 3 March

Sessions: 4 sessions Time: 6pm-8pm

PEN AND WATERCOLOUR WASH

Venue: Nine Acres Primary School

Start Date: Tuesday 20 April

Sessions: 6 sessions Time: 10am - 12pm

PHOTOSHOP FOR BEGINNERS

Venue: Nine Acres Primary School

Start Date: Wednesday 21 April

Sessions: 6 sessions Time: 10.30am - 12.30pm

CHEAP EATS

Venue: Carisbrooke C of E Primary

Start Date: Tuesday 23 February

Sessions: 6 Sessions Time: 10am - 12pm

NCFE ENTRY LEVEL 3

CERTIFICATE IN ICT

Venue: Carisbrooke C of E Primary

Start Date: Friday 5 March

Sessions: 15 sessions Time: 9.45am - 11.45am

CREATIVE INTERIORS

Venue: West Wight Youth Centre

Start Date: Thursday 4 March

Sessions: 8 sessions Time: 10am - 12.30pm

KEEPSAKE BOOKS

Venue: West Wight Youth Centre

Start Date: Wednesday 24 February

Sessions: 6 sessions Time: 1pm - 3pm

For further information contact:

Anne Osborn (Newport)

Community & Family Learning Coordinator
Telephone 817287

Email: anne.osborn@iow.gov.uk or
Sharon Kennovin (West Wight and The Bays)
Community and Family Learning Coordinator
Telephone :817289

The Carnival Learning Centre
Westridge,
Brading Road, Ryde, PO33 1QS

All Brochures and further information can also
be viewed online at:

www.iowcommunitylearning.ac.uk

WILLOW BIRD HOUSES

A family session for adults and children aged 8 and above, learning how to weave locally grown willow into a lovely bird house for the garden. All materials provided.

Venue: Nine Acres Primary School

Start Date: Saturday 27 February

Sessions: 1 session

Time: 10am - 3pm

Tutor: Richard Bolwell

Course Fee: £6 per adult (£4 concession)

Materials: £2 per additional house



Spring Half-Term Mardi Gras!

Tuesday 16 February 10.30am to 3pm

(bring packed lunch!) Create and perform a Carnival Parade in a Day to celebrate Shrove Tuesday and world wide pre-Lenten 'Carnevale!' For children over 8 yrs. (younger if accompanied by a participating adult) £5 per child Adults FREE. Guest tutors.

May Day Jouvay!

Saturday 1 May from dawn to noon. Yarmouth and the West Wight. A special celebratory event for May Day, part of a 3 year project leading up to the Olympics in 2012.

Drawing inspiration from the natural landscape and heritage of the West Wight and the Solent. From 5.30am, Samba bands, Morris dancers, Mummers Play, Singalong Breakfast, Carnival Parade and open air Ceilidh. Visit our website for latest details. FREE. All welcome.



Carnival Club

As well as the clubs that we will have going in Shalfleet and
Brightstone School, the following Carnival Club is open to all:

WW Youth Centre,
Saturday 27th February
7 sessions (not 3/4 and 10/4),
10am - 12.30pm, Gina Dyer and
Hannah Ray.

For further information or to book